



Camp Application

Application must be completed and sent along with FULL payment to the camp for enrollment. No deposits will be accepted. Confirmation letter and health forms will be sent afterwards.

CAMPER'S NAME:

Last First MI

ADDRESS:

Street

City State Zip

Grade in Fall (2010): Age: Sex:

Telephone: Cell Phone:

Name of School: _____

Name of Club Team: _____

Please make checks payable to the:

*College of Mount Saint Vincent
Attn: Brian Nigro*

In accordance with NCAA regulations, a high school student's expenses must be paid by the student's parent or legal guardian. No third party payment will be accepted.

PAYMENT AND REGISTRATION CAN BE SENT TO:

COLLEGE OF MOUNT SAINT VINCENT

ATTN: Brian Nigro

6301 RIVERDALE AVENUE

BRONX, NY 10471

Questions? Please contact Brian Nigro

Phone: (718) 405-3415 or

Email: brain.nigro@mounthoodsaintvincent.edu



COLLEGE OF MOUNT SAINT VINCENT
BOYS & GIRLS BASKETBALL CAMP
6301 RIVERDALE AVENUE
BRONX, NY 10471

COLLEGE OF MOUNT SAINT VINCENT

BOYS & GIRLS

BASKETBALL CAMP

JULY, 12 -16, 2010
JULY 19 - 23, 2010





Camp Director – Brian Nigro '00

Coach Nigro recently completed his 2nd season as Head Men's Basketball Coach at the College of Mount Saint Vincent. Nigro was a four-year letter winner at CMSV, where he was a part of the 96-97' team that appeared in the NCAA Division III Tournament. Nigro holds the freshman record for assists in a season at the Mount and his 674 career helpers in second on the school's all-time list. Prior to CMSV, Nigro's past coaching credits include Globe, Polytechnic, Berkeley Carroll, and Xaverian, where he coached Division I products such as Levance Fields, Brian Mckenzie, Zamal Nixon, and Saiquon Stone.



MOUNT SAINT VINCENT BASKETBALL CAMP

Camp Mission Statement

The mission of Coach Nigro, Coach Adams, and the College of Mount Saint Vincent Basketball Camp is to teach young players the skills necessary for improving. Campers can expect valuable teaching from experienced coaches, a competitive atmosphere, and to have fun.

The College of Mount Saint Vincent plans to use basketball as a method of bolstering individual self image and achievement. Player development will be the focus of our staff. Players should be improving regardless of inherent talent or experience.

WWW.MOUNTSAINTVINCENT.EDU

Camp Information
Price : \$200 for one full Week or \$350 for both weeks
Open to Boys and Girls ages 7-14
We are accessible from public transportation. The College of Mount Saint Vincent is located in suburban Riverdale, NY, and just 12 miles from midtown Manhattan. Campers from NYC may take the NYC Subway IRT #1 train uptown to the 231st Street stop, and then take MTA City bus #7 or #10 to the campus gate. Campers can also take the BxM1 or BxM2 Riverdale Express buses from midtown and lower Manhattan, east and west sides, to the College gate. From Westchester campers can take the Bee Line bus #8 to Mt. St. Vincent. For information and schedules, please refer to the MTA train/bus schedules or Bee Line bus schedule.
Every camper receives a t-shirt

Camp Schedule
9:00 – 9:30 – Attendance / Stretching
9:30-10:00 – Stations –Defense, Shooting, Rebounding, Passing
10-10:15 – Dribble Series –Ball handling drills focusing on improvement
10:15-11:15 – Games
11:15-12:00 – Contests –Hotshot, Free Throws, 1 on 1
12:00-1:00 – Lunch <i>*-Lunch will be available for purchase-*</i>
1:00- 1:30 – Lecture / Emphasis of Day
1:30-2:30 – Games –5 on 5 Competitive Games
2:30-2:45- Competition
2:45- 3:00- Overview / Dismissal