

College of Mount Saint Vincent Women's Volleyball

8/31/09 Weekly Release

9/1/09 vs. Yeshiva - 8:00 PM



2009 Schedule/Results

Date	Opponent	Time/Result
9/1	YESHIVA	8:00 p.m.
9/8	YORK (N.Y.)	7:00 p.m.
9/11	vs. William Penn (Iowa) !	7:00 p.m.
9/11	at Grinnell (Iowa) !	9:00 p.m.
9/12	vs. Rockford (Ill.) !	12:00 p.m.
9/12	vs. Monmouth (Ill.) !	2:00 p.m.
9/15	NEW ROCHELLE	7:00 p.m.
9/17	LEHMAN	7:00 p.m.
9/19	at USMMA-Kings Point	12:30 p.m.
9/22	MOUNT SAINT MARY *	7:00 p.m.
9/24	SAINT ELIZABETH	7:00 p.m.
9/26	at St. Joseph's-L.I. *	TBA
9/26	vs. Old Westbury *@	TBA
9/29	SARAH LAWRENCE	7:00 p.m.
10/1	WILLIAM PATERSON	7:00 p.m.
10/6	at City College of N.Y.	7:00 p.m.
10/10	at Farmingdale St. *	10:00 a.m.
10/10	vs. Bard *#	TBA
10/14	MEDGAR EVERS	7:00 p.m.
10/19	ST. JOSEPH'S-BROOKLYN	7:00 p.m.
10/20	at Purchase *	4:00 p.m.
10/24	at Maritime *	10:00 a.m.
10/24	vs. NYU-POLY *\$	TBA
10/25	at Sage *	1:00 p.m.
10/30	vs. Centenary (N.J.) %	6:45 p.m.
10/30	at Baruch	8:30 p.m.
11/4	Skyline Tournament	TBA
11/7	Skyline Championship	TBA

Home games in BOLD CAPS

* Denotes Skyline Conference Contest

! Played at Grinnell Invitational - Grinnell Iowa

@ Played at Patchogue, N.Y.

Played at Farmingdale, N.Y.

\$ Played at Throggs Neck, N.Y.

% Played at Baruch

Coming Up This Week: The Dolphins will open the 2009 season on September 1 with a home match against Yeshiva. It will be the first of two straight home contests to open the season, before the Mount heads to Iowa for the Grinnell Invitational September 11-12.

A Look Back To 2008: Under first year head coach Rosanna Falcher, Mount Saint Vincent posted an 11-9 overall record and a 3-6 mark in Skyline Conference play. Lisa O'Shea returns as the Mount's leader in kills from last season after finishing 118 winners and averaging 1.79 kills per set. Jessica Williams returns after a strong rookie season in 2008. She ended the season with 116 kills, 79 digs and a team-high 45 service aces. Renee Reynes also had a strong rookie campaign in 2008 for the Mount, as she led the squad with 392 digs.

Scouting Yeshiva: Yeshiva is in just its second season as a varsity program in 2009. This week's match also marks the first time the two program's have met in women's volleyball. The Maccabees posted a 2-14 record a season ago.



2009 College of Mount Saint Vincent Women's Volleyball Roster

#	Name	Yr.	Pos.	Ht.	Hometown/High School
1	Caryl Garcia	Jr.	L	5-2	Yonkers, N.Y./Our Lady of Victory
2	Tara Mead	Sr.	DS	5-6	Pearl River, N.Y./Pearl River
3	Renee Reynes	So.	L	5-2	Bronx, N.Y./Aquinas
4	Lisa O'Shea	Sr.	OH	5-4	White Plains, N.Y./Our Lady of Victory
5	Irma Nepomuceno	Jr.	OH	5-6	Bronx, N.Y./Cardinal Spellman
6	Maureen Metzner	So.	L	5-2	Mineola, N.Y./Mineola
8	Jessica Williams	So.	OH/MB	5-8	Cornwall, N.Y./Cornwall Central
9	Elizabeth Cacaj	So.	DS	5-1	White Plains, N.Y./Alexander Hamilton
10	Erin McBride	Fr.	S/DS	5-5	Merrick, N.Y./Calhoun
11	Noelia Fernandez	Fr.	RS	5-2	Bronx, N.Y./Aquinas
15	Gabriella Burgos	Fr.	MB	5-10	Bronx, N.Y./Aquinas
23	Bridget Leonard	Sr.	S	5-2	Poughkeepsie, N.Y./Lourdes
24	Esmeralda Morales	Sr.	MB	5-9	Bronx, N.Y./Cardinal Spellman
25	Marni O'Shea	So.	OH	5-2	White Plains, N.Y./Our Lady of Victory
30	Kristine DeMassi	Fr.	OH/MB	5-8	Bay Ridge, N.Y./Fontbonne

Head Coach: Rosanna Falcher (Mercy '96), Second Season

Assistant Coach: Lynford Foreman

New York State of Mind: The 2009 College of Mount Saint Vincent Women's Volleyball roster consists only of players from the state of New York. Five players hail locally from the Bronx.

Nice To See You Again: Eight players on this year's squad are being reunited from high school. Renee Reynes, Noelia Fernandez and Gabriella Burgos all attended Aquinas High School in the Bronx. Caryl Garcia, Lisa and Marni O'Shea attended Our Lady of Victory and Irma Nepomuceno and Esmeralda Morales attended Cardinal Spellman.

Off To The Midwest: After playing its first two matches of the season at Hayes Gymnasium, the Mount Saint Vincent squad will journey to Grinnell, Iowa to play four matches as part of the Grinnell Invitational. On the trip the Dolphins will go head-to-head with William Penn (Iowa), Grinnell (Iowa), Rockford (Ill.) and Monmouth (Ill.).

Race to 300: Overall the past four seasons the Mount has not had a single player reach the 300 kills mark in a season. The closest the Dolphins have come is 268 by Meghan Flaherty in 2007. During that campaign the Mount had five players with at least 100 kills.

Welcome Home: In the season opener against Yeshiva the Dolphins will welcome home two of their former players. Head Coach Roxanne Prendergast played with the women's program at the Mount and is a 2007 graduate, while assistant coach Arnold Ross was a stand-out with the men's program until his graduation in 2008.

Mount Saint Vincent Leaderboard

Kills

Assists

Assists/Set

Digs

Total Blocks

Skylne Conference Leaderboard

Goals

Assists

Points

Saves

Skylne Conference Preseason Poll

1. Sage, 78 (6)
2. NYU-POLY, 72 (2)
3. St. Joseph's-L.I. , 65 (2)
4. Mount Saint Mary, 54
5. Bard, 53
6. *Mount Saint Vincent, 38*
7. Old Westbury, 36
8. Farmingdale State, 28
9. Purchase, 17
10. Maritime, 9

NOTE: () = First Place Votes

Skylne Conference Weekly Awards

Date

Player of the Week

Rookie of the Week

9/8

9/14

9/21

9/28

10/5

10/12

10/20

10/26

11/2

11/9