

## GET TO KNOW YOURSELF!

Answer these questions:

- Which classes have you enjoyed and done well in?
- What are your hobbies and interests?
- Do you belong to any clubs or organizations?
- What were your most satisfying work or volunteer experiences?
- What skills did they require?
- What are your talents: interpersonal, creative, scientific, quantitative?
- What do you read in your spare time?
- When you were a child, what did you want to be "when you grew up"?

Look at what you have enjoyed so far in life to get some clues as to the direction to follow.

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*The best major is the one that will challenge and stimulate you during your college career*

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## RESEARCH – WHAT ARE MY CHOICES

- Look in the catalogue to see what majors are offered. Read course descriptions in those that sound interesting
- Speak with advisors and faculty about the major and possible career paths
- Check the Career Library for books on employment possibilities for that major
- Attend a Choosing a Major Workshop
- Read on-line advertisements for jobs that sound interesting. Find out which major would prepare you for that work

**See a Career Counselor to help you sort through the information.**

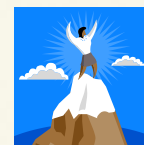
The Career Development Office has assessment tools such as the Strong Interest Inventory, Self-Directed Search and Myers Briggs Type Indicator that can help you identify interests, values and strengths. Your results can give you ideas about majors and careers to consider.

### ASSESSMENT TOOLS

## EXPERIMENT

Now that you have identified one or two possible majors, look for a campus club that is related to it and join! Try courses in some of the departments that interest you. By taking your core classes you may be introduced to a subject that greatly interests you. Use electives to take classes you might not have tried but which may give you a chance to discover something new.

Look for part time or summer jobs and volunteer opportunities that will allow you to learn about a field



**Consider a second major or minor to reflect your interest and help you reach your goal!**